

Faces4Change DFC/CARA Community Coalition

February 15, 2023 Meeting Minutes

Dr. Thandi Hicks Harper called the meeting to order at 6:00 pm.

Members Present: Dr. P. Thandi Hicks Harper, Billo Harper, Luke Morgan, Victoria Riddle, Naomi Pencle, Danielle Winkworth, Sanchez, William Ellis, Debbie, Sgt. Hancock, April Howard, Deborah Kipps- Vaughn, Valentina Sanchez, Collin Carpenter

Faces4Change “Harrisonburg Drug-Free Community (DFC) Coalition”

1. Welcome by Dr. Hicks Harper
2. Collaborators & Sector Members introduction by Naomi
3. Introductions of who attended the meeting
4. Introduction of Meeting Agenda by Luke
5. Participants were asked to put their comments and questions in the Chat Box

F4C Black History Month

1. Introduction of Doris Harper Allen
2. Introduction of Billo Harper

CADCA

1. At least 5 representative from Harrisonburg to attend the forum
2. Victoria shows video slides of time at CADCA
3. CADCA Sessions attended
 - Youth engagement: Nothing for youth without youth
 - Preventing suicide and substance use, and improving behavioral health outcomes for LGBTQ+ youth
 - Prevention opportunities and challenges: Supporting Youth and Young adults Transitioning to Adulthood
 - Mental Health & protective Factors aka Race, Equity, and Health
 - Compassion cures: Building HOPES by overcoming stigma w/ substance misuse
 - Operation Parent
 - Beyond autism and tokenism
 - Scaling Harm Reduction Across the Prevention Continuum of Care
 - Substance use prevention should be DEI work
 - Leveling the Playing Field – equity in prevention
 - The role of evidence based registered in the implementation of substance use prevention
 - National Prevention Week: tips, tools, and tactics
 - The good, the bad, and the ugly: mental health, substance use, and social media
4. Danielle talk about the sessions she had previously attended
5. April Howard talks about what she does as student support – big focus on mental health and substance **prevention**

6. Luke talks about he got a lot out of CADCA – avg. teen spends up to 9 hours a day on social media
7. CADCA Key Takeaways – Dr. Harper talked about Onesimo Baltazar Corona, Victoria talked about what she learned (youth recruitment, engagement, and retention; digital and media marketing)

William Ellis

1. Introduction of William Ellis by Luke Morgan
2. William Ellis introduces himself
3. Statistics and News about teen addiction in VA
 - Youth Data Survey
 - Fentanyl has been put in ‘everything’
 - Statistics survey of Virginia high school students
4. Dr. Harper talks about how Faces 4 Change is trying to spearhead marijuana, non prescription drugs, and added cough syrup because it’s been found after talking to students and the death of Paloma suicides son who passed away from “lean” (cough syrup and Benadryl). Public awareness is very important
5. Risks of Addiction: Teen Virginia Facts
 - According to the Substance Abuse and Mental Health Services Administration, substance use disorders can cause several negative effects for a child’s long-term development
6. Depression and Addiction: Teen Virginia Stats
 - Rates of depression among teens are rising
 - Depression affects around 20% of all adolescents and in the US, suicide is the 3rd leading cause of death in young people
 - Dr. Harper asks about how people feel about the statement “...teen Virginia providers must also be trained to treat depression and other co-occurring disorders.” Sgt. Hancock answers about how important it is. She then asks Deborah Kipps-Vaughan about her role as a trained psychologist with mental health and drugs – she reports on how frightening the number are regarding self-harm (over 90% of hospitalizations due to self-harm were caused by drug overdoses). She then asks Collin in his role in the Boys and Girls club – he says when it shows, its usually evident in how they interact with others; Debbie brings up the trauma that children have in their lives which leads to drugs/mental illness
7. Get Help for your teen at Foothills at Red Oak Recovery
 - Program designed to help teens build self esteem, improve communication skills, and address the cause of addiction
8. ACEs (Adverse Childhood Experiences)
 - Potentially traumatic childhood events or circumstances in childhood (0-17) years, including aspects of a child’s environment that can undermine their sense of safety, stability, and bonding.
 - Can negatively impact physical, mental, emotional, and behavioral development and can also have lasting effects on health, well-being, and prosperity well into adulthood.
 - Score children by childhood events
9. Opens up for questions

- Dr. Harper mentions how Debbie commented about how important is to go through the root and background of the problem

DEA National RX Takeback

1. Danielle talks about drug takeback day – April 29th, 10-2. HRCSB will be participating
2. Sgt. Hancock says it will probably be at Walmart and CVS on South High, trying to get three sites!
3. F4C hopes to participate as much as possible; will be mentioning the rest of the coalition meetings

Youth Leadership Summit

1. More information coming soon
2. Reach out to Luke about interest
3. Meetings will be held soon

Social Media

1. Scan QR codes to follow F4C on Twitter, Facebook, Instagram, and YouTube

Questions and Comments

1. Dr. Harper: Prevention Is important
2. Social Media Campaigns
3. YPC- Faces For Change: 510c3 in Harrisonburg and VA- make sure it stays in compliance with the Federal Government. Responsible for implementing the grant to combat substance use. Another grant in the works
4. Website will be published by the end of the month

Dr. Hicks Harper thanked everyone for attending the meeting and encouraged everyone to stay in touch.

Other notes:

1. The RAM (Rural Area Medical) clinic (for those with medical needs such as glasses, dentistry, etc.) is set for May 6th and 7th at the Rockingham County Fairgrounds, and they are in need of volunteers! – Debbie

Meeting adjourned at 7:00 pm